



2024 National Summit
April 7-10 | Baton Rouge, LA

NAHPL 2024 National Summit

Subject to Change

Monday, April 8

- Integrating Adapted Sports into Physical Education
- Fitness Testing: Is it Needed?
- TikTok and Instagram: How "Influencers" are influencing health information – CECH Advanced
- Up your Game: How to Use Metacognitive Strategies to Develop Meaningful Assessments for Student Learning
- American Red Cross First Aid/ CPR/ AED Training – CECH Advanced
- Quick Games for Fun & Fitness!
- Do You Know You? Utilizing True Colors to Discover Who You Are
- Adapted Health Activities to Teach Nutrition, Screen time, and Physical Activity
- Improving Health and Physical Literacy Through Dance
- Why Exercise Fundamentals are Still Best: Navigating the Confusion
- Retiree Social
- Hosting Adapted Sports Demo
- Utilizing Tower Gardens to Grow Nutrition Literacy and Hands-On Learning
- The Cardiovascular Fitness Effect of Zone 2 Training Among High School Soccer Athletes
- Southern Tier Representative Assembly
- Eastern Seaboard Region All Member Connection Gathering
- Midland Region All Member Connection Gathering

Tuesday, April 9

- General Session I: Five Pictures that will Change Everything you Think you Know About Exercise
- Off Site Tour of LSU athletic Facilities
- Creating Dances-Strategies that Work for Young and Older of Any Ability
- Games and More Games - Experience Speed Stacks!
- HEAL United: Station Sensation
- An Introduction to the Phi Epsilon Kappa Fraternity
- A Conversation About Collaboration: Working Together to Enhance Health Literacy – CECH Entry
- It's Okay to Not Be Okay: Translating Mental Health Knowledge to Effect Change – CECH Advanced
- A New Approach to Curricular Development
- Improving PETE Programs: Insight from One University's Pursuit to Improve Undergraduate Coursework
- Dance: The Perfect Activity to Practice Social-Emotional Learning Objectives
- Cooperative Learning Task Structures: Strategies for Interpersonal Learning and Accountability
- Get Kids Excited About Learning When Incorporating Academics with Fun Fitness Activities!
- Evaluating Diets: Is There a Good Choice? – CECH Entry
- Reversing the Effects of the Unintended Consequences of Title IX Legislation
- Birding for All Ages

- Secondary PE: Classroom Plans that Make Students Fans!
- Health Literacy and Inter-Professional Education in Living Learning Communities – CECH Entry
- Dancing Together: Creole Rhythms and Unity in Diversity
- YOGA for Seniors/Retirees or Individuals Who have not Been Active Recently
- GAMES GAMES GAMES
- Occupational Wellness & Experiential Learning – CECH Advanced
- Building Character Through Movement: SEL Skills in Elementary Physical Education
- The Need and Process of Developing Recreation Activities for Children with Disabilities in Rural Areas
- Cardio Drumming with a fun flavor!
- Pre-K and Primary Physical Education: Brain Pump for Young Children
- Trauma - You Can't Punish It Away
- Our Changing Language/ The Use of "Slang" Across Campuses
- Purposeful Physical Activity for Early Learners
- Geocaching for All Ages
- Sport Management Education Literacy - Curriculum inclusion
- Creating Exciting Skills Based Standards lessons in Health Education Using Tech Tools – CECH Advanced
- Urban Line Dance for Fun and Fitness
- Teacher Perception and Priorities on Personal and Workplace Health and Wellness – CECH Advanced
- Homemade Equipment for Physical Literacy Fun!
- Surviving vs. Thriving: Infusing the Wellness Wheel into Curriculum – CECH Entry
- Understanding Equity, Diversity, and Inclusion: What is your Bias?
- Mindfulness in Physical Education & Activity
- Fitness Pedagogy - Is Teaching Strength & Conditioning Art or Science - or Both?
- Using Virtual Reality Gaming in PE
- Access to Physical Education in US Schools: A Policy Implementation Analysis
- Athletes as Employees and Worksite Wellness: Benefits of Including a Focus of Health in All Employee Settings – CECH Advanced
- Back to the Basics! Physical education teaching Strategies MADE easy!
- Integrating a Meditation App into MIT Physical Education and Wellness Courses and DAPER Programming – CECH Advanced
- The Power of Outdoor, Unstructured Play on Health Benefits in Children – CECH Entry
- Teaching Children to be Water Safety Champions
- Teaching Children to be Water Safety Champions (continued at pool)
- Southern Tier- Future Professionals LDC Alumni meeting
- Active Learning: Using Movement to Expand Children's Vocabularies & Communication Skills
- Creating Student Centered Physical Education Programs
- NAS Direct Connect: Networking with Past, Present and Future Professionals
- Developing Rigor in Physical Education
- Adventures as a School Administrator
- Designing Effective and Efficient Internship Policies, Procedures, and Assessments
- Tennessee Tech Social

Wednesday, April 10

- General Session II: "Everything Counts" From a Black Curtain to a Sellout
- Adapted Physical Education, Health Education, Exercise & Fitness Workshop
- Off Site Tour of Pennington Biomedical Research Center
- Discovering Crelata: Bringing Dance into Your Classroom through our Dance Education Platform
- Instant Activities for Building Relationships
- ABC, 1,2,3, Building Blocks of P.E.

- Assessing Game Play in Physical Education
- Kayaks, Dreams, and Cardboard: An Interdisciplinary Approach to Healthy Behaviors through Experiential Learning
- Equity, Diversity, Inclusion in Fitness Testing – IAHPEDS
- Making Swing Dance Accessible
- Double Unders, Double Dutch and Such
- ACTION! Team Games to Boost Engagement
- Tips and Tactics for Landing a Job!
- Stress and some tips for being Mindful – CECH Advanced
- Get It Together PETE: Working Together to Bring More Diversity to Our Students
- Creating Health and Physical Literacy Networks Internationally – NAHPL & IAHPEDS
- MOVEMENT SPEAKS: A Dance Program for Adults of all Ages
- Variables Influencing Muscular Strength in Elementary Children
- Cross Curricular Physical Activities
- There can be only one! What is physical literacy?
- Top Ten Instructional Faux Pas
- Curriculum Beyond "The Gym": Creating a Curriculum that Deserves Respect
- Empowering Educators through Adventure: A Journey of Learning and Growth
- The Right Start Summer Program: The NYSP Reboot
- Don't Ache About the edTPA Retake: Identification of Modifications
- Things I Wish I Knew in My First 5 Years
- Building Skills-based Health Education with the Future in Mind – CECH Entry
- Salsa Grooves: Fostering Physical Literacy Through Rhythm and Movement – IAHPEDS
- Alternative Resistance Training: Medicine Ball, Kettle Bell, and Body Weight Exercises
- Tag, You're IT!
- Advocacy Priorities in the Challenging Time
- The Power of a Hybrid Model Approach: Physical & Health Literacy for the Future
- Help! What's the Number to 911?! – CECH Entry
- Cultural Preservation of Dagbang History by Elite Indigenous Historians – Lunsì – IAHPEDS
- Physical Literacy Takes a Village – CECH Advanced
- The Need for More "College" Literacy in Support of Overall Health Improvement: Insights from GEAR UP Alabama Project
- Navigating Multiple Paths to Physical Education Preparation: Creating Physical Literacy Advocates
- Navigating the Assistant Professor Role: What a Balancing Act!