

Leroy Hurt

V.P. Elect Sport/Physical Activity



Leroy Hurt is the Owner and Coach of Afoot Nordic Walking, Northport, Alabama. In addition to management positions in the US Army and Fortune 500 firms, he was Associate Dean, Community Engagement, The University of Alabama. His educational background includes a PhD in Transformational Leadership, Bakke Graduate Univ. Dallas, TX; MS Legal Studies, California U. of Penn, California, PA; MBA, Regis Univ. Denver, CO; and a BS in Engineering Management from the US Military Academy at West Point, NY. He was awarded the Distinguished Service Medal of Alabama.

Leroy is the current Chair-Elect of Physical Activity for the Alabama State Association of Health, Physical Education, Recreation, and Dance (ASAHPERD) and has been part of SCW Fitness Education.

While Dr. Hurt exclusively focuses on Nordic Walking as a Certified Advanced Nordic Walking Instructor (ANWA), he incorporates knowledge from certifications in these related areas: Certified Corporate Wellness Specialist (CCWS), Corporate Wellness and Health Association and Certified Active Aging Movement Coach, Certified Active Aging Nutrition Coach, Certified Group Fitness Instructor, Certified PiYo Instructor, and Certified Yoga Instructor, all with SCW Fitness Education.

His presentations include: 2019, 2021, and 2022 at the ASAHPERD Fall Conference; Health, Wellness, and Society Conference at Univ. of California in Berkeley, CA; 2018 Southern Regional Conference for Learning in Retirement, U. of A. - Huntsville, Lakeshore Foundation (US Paralympic team training site), Birmingham, AL; and 2017 National Senior Games (sponsored by Leki), Birmingham, AL.

He continues to volunteer in his community, local church, and the University of Alabama.